# Breaking Barriers 

## An introvert's story [to Infosec]

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https://aka.ms/ryen
$>$ Summary about my journey until now
Dive into how IAM fits into security
$>$ Challenges introverts have to overcome "Get comfortable with being uncomfortable"
> What I did to get to where I wanted to be
$>$ Creating opportunities for yourself


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~ About a decade later


## Challenge: Figuring out what I wanted

# $>$ Don't get stuck in analysis paralysis 

$>$ Fail fast! Try something, and if it doesn't work, try something else
$>$ Get comfortable with being uncomfortable.

## Challenge: Getting my foot in the door

> Not always about what you know, but who you know. That means, yes, you 'have to' talk to people
> The requirements are not the requirements
> Get comfortable with being uncomfortable.

## Challenge: Interviewing (with a human!)

$>$ Be authentic and excited about the role
$>$ Mirroring (but don't over-do it!)
$>$ Get comfortable with being uncomfortable.

Challenge: Asking for what I want (creating opportunities for yourself)
$>$ Write it down
$>$ Let and ask others to contradict your (negative) internal monologue

If you have one, apparently some people don't? weird.

Get comfortable with being uncomfortable.
$>$ No degree and I failed a bunch of times before I got into tech

Once in tech, an event got me interested in protecting customers, I let that event fuel my passion

Challenges we introverts have in talking to people, saying what we want, and getting where we want, because.... well, talking to people
$>$ How to overcome those challenges to create opportunities for yourself

Get comfortable with being uncomfortable.
When you're uncomfortable it means you're growing
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Thank you!

